

URBAN DESIGN IMPLICATIONS FOR FACILITATING  
EFFECTIVE USE OF URBAN NATURE FOR USER  
RELAXATION: CASE OF SMALL URBAN PARKS IN  
BATTICALOA.

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## DECLARATION

I declare that this is my own work and this dissertation does not incorporate without acknowledgement any previous material submitted for a Degree or Diploma in any other University or Institute of Higher Studies, and to the best of my knowledge and belief, it does not contain any previous material published or written by proxy except where the acknowledgment is made in the text.

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Date

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## **ABSTRACT**

The urban nature setting is a significant contributor to the wellbeing in the urbanization places, and it ought to be combined with the public realm. The town, for an example, Batticaloa consists of a public boom on the way of concentrating on the development in the urban areas as they become high denser. The bigger density decreases in the environmental place; however, it gives a chance to design the common places and effective places that provided their people with some contacts through natural environment. That theory gives appearance to the potentials of nature in the towns, especially relaxation potentials of nature in an urbanized location. An identifying and growing the public assessment of the environment, this theory object to correcting the confirmed ways, in which nature could be depicted because that is the city to be harnessed, for the benefits of the human relaxation, wellbeing of the recommended method, in which environmental structures could be included into the urban design facilitation. The literature review behind the effects on the natural environment of human comfort and health effects of the public space, it is designed to combine the three focusing natures with sensory potentials, case study areas of the natural small public parks located in Batticaloa for the purpose of concluding recommendations of this dissertation. For example, it is expected that how these recommendations might be implemented and published in this situation existing in the Batticaloa Municipal Council area, in the neighbourhoods' character of Kallady, Mugathuvaram and Dutch Bar, that increases density. The lessons have been discussed and planned to be transferred to the other urban areas that have become known areas of density to mix environment with the civic realm as these areas remain to be improved. This dissertation aims at pertaining to the foundation for thinking more censoriously and about the relationship related to the human nature in an urban area and how the common designing space could be used in a method of improving the relaxation and wellbeing of the people of the city surroundings.

Keywords: public realm, natural spaces, relaxation benefits, social value of nature

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## **LIST OF ABBREVIATIONS**

BMC	-	Batticaloa Municipal Council
DSD	-	Divisional Secretariat Division
KM	-	Kilometre
UN	-	United Nations
US	-	United States
WHO	-	World Health Organization